

DEPARTMENT of SOCIAL WORK

TIPS FOR WRITING A RESUME FOR A FIELD PLACEMENT

GETTING STARTED:

- Make a complete list of all of your experiences, including your education, work, volunteer and internship responsibilities. See resume example for an idea of the format.
- Briefly describe each item on your list, using short descriptive verb phrases (see below).
- Keep your "audience" in mind at all times and omit less relevant information entirely.
- Resume should be 1-2 pages in length, with preference being 1 page in length

Putting It All Together:

Demographics:

- Please include your WSU email address.
- Review your voicemail message to ensure it accommodates professional communication.

Job Objective:

• We recommend not using an objective or summary in your field placement resume.

Education:

- As a student place the "education" section at the top of the page after your name.
- Education should be listed in reverse chronological order, reflecting Westfield State
- University first For Westfield State University, include "expected date of graduation" or "anticipated graduation date" with appropriate date.

<u>Relevant Experience:</u>

- Employment should be listed in reverse chronological order, starting with your most recent job or internship.
- Include any completed field placements.
- Identify the name, city and state of organizations and your job titles.
- Describe relevant experience in bullet format.
- Use action verb phrases, while being specific: the number of clients you saw, populations you served, cross cultural experience, the types of presenting problems, and length and type of treatment.

Volunteer Activities:

- These provide a great opportunity for your potential field placement to see a well-rounded picture of who you are and what you have to offer.
- If the activities are human service oriented, you should provide more detail than if the activity is not.



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Certifications, Trainings and Skill Sections:

- Include any languages you speak.
- You may also describe any specialized workshops or trainings you've attended. These are optional, depending on your audience and whether they enhance your candidacy.
- Present yourself in a professional way but never misrepresent yourself.
- Be thoughtful about what you put down with a specific purpose.

The Professional Look:

- Choose a format that is easy to read and understand.
- With formatting, less is more!
- No additional colors or graphics.
- Be clear and concise
- Design your resume for easy scanning by the viewer.
- Proof for misspellings and grammatical errors. Your resume is a reflection of your attention to details and professional presentation.
- Ask friends or trusted person to proofread with a fresh eye.

VERBS to use when constructing your resume

accomplishedcataloguedachievedchairedadaptedcomparedadjustedcompletedaidedconductedallocatedconstructedanalyzedcontractedansweredcontrolledappliedcooperatedapprovedcounseledarrangeddealtassisteddefinedassumeddeterminedaugmenteddeterminedawardeddevelopedbroughtdevotedbuiltdiagnosed	enlisted established estimated evaluated evaluated examined expanded expedited focused focused fortified founded generated guided handled headed implemented	increased initiated inspected installed instituted instructed interpreted introduced launched lectured led maintained managed modified monitored motivated negotiated observed operated orchestrated organized oriented	participated performed persuaded planned prepared presented proserved produced programmed promoted proposed proved provided ran received recommended reconciled recruited reduced reported researched restored	scheduled selected setup solved specialized stimulated streamlined structured substituted substituted supervised supervised supported systematized teamed trained trained tutored used utilized volunteered worked wrote
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For Additional Information, Contact: